When you are in abusive relationship

Physical or sexual violence may occur without warning. Sometimes, however, there may be signs or “red flags” that serve as warnings that abuse may occur. The following are examples of a person’s behavior or personality that may be a warning that a person may be abusive. If you answer YES to one or more of these questions, you may be in an abusive relationship or be at risk for it.

Does your husband, partner or boyfriend…

* Tease you in a hurtful way in private or public?
* Call you names such as “stupid”,”bitch”,”tanga”,”bobo”,etc?
* Act jealous of your friends, family and co-workers or accuse you of being interested in someone else?
* Get angry about clothes you wear or how you style your hair?
* Check on you by calling, driving by, or getting someone else to?
* Gone places with you or sent someone just to “keep an eye on you”?
* Always insist on knowing who you talk with on the phone?
* Blame you or his problems or his bad mood, or get angry so easily?
* Hit walls, drive dangerously, or do other things to scare you?
* Often drink or use drugs or insist that you drink or use drugs with him?
* Read your mail, check your cellphone messages, go through your purse, or other personal papers?
* Keep money from you, keep you in debt, or have “money secrets”?
* Threaten to hurt you, your family, friends, or pets?
* Force you to have sex when you do not want to or force you to have sex in ways that you do not want to?
* Threaten to kill you or himself if you leave?
* Act one way in front of other people and another way when you are alone?
* Cause the loss of your friends or no longer see some of your family because of your partner/cause you to stay out of touch with your family and friends?

If you are concerned about the possibility that your partner is showing early signs of abuse, SEEK HELP NOW! If you are in ABUSIVE RELATIONSHIP and is considering ending your relationship, it would be helpful to tell your parents or confide with a friend or school teacher or counselor in order to have support when leaving the relationship.